

INVITING GOD TO CHANGE
THE WAY YOU THINK

# introduction

This devotional is an opportunity to seek God's perspective in many areas of your life. God wants to help you see from His point of view and to give you His wisdom over every area of your life.

Whoever trusts in his own mind is a fool, but he who walks in wisdom will be delivered. Proverbs 28:26 ESV

He has given us the Holy Spirit to reveal these things to us and through deep fellowship with Him, we will grow in wisdom and understanding.

But just as His anointing teaches you [giving you insight through the presence of the Holy Spirit] about all things, and is true and is not a lie, and just as His anointing has taught you, you must remain in Him [being rooted in Him, knit to Him]. 1 John 2:27

God is not frustrated with us. He eagerly desires to lead us to think differently through encounters with His kindness.

...God's kindness leads you to repentance [that is, to change your inner self, your old way of thinking—seek His purpose for your life]. Romans 2:4

Once we begin to see differently, we take authority over ungodly thinking and training our thinking according to God's truth.

We are destroying sophisticated arguments and every exalted and proud thing that sets itself up against the [true] knowledge of God, and we are taking every thought and purpose captive to the obedience of Christ. 2 Corinthians 10:5

All Scripture used is in the Amplified version, unless otherwise noted.

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# the hungry get fed.

If you are reading this devotional, you are likely eager to know God more deeply and to experience His love and power in your personal life. I pray that this book helps facilitate beautiful times of encounter in His presence. I am so excited for you to feast upon God's words, as He reveals His heart to you. To make yourself vulnerable to God is one of the wisest decisions you could ever make. At first the idea might seem scary, but let me assure you that God is the kindest, most loving being you could ever imagine. He longs for you to open yourself to the mind of Christ and to receive renewal in your mind. This is the pathway for walking in the abundant life that Jesus paid for with His precious blood.

God's voice is loving and kind. He is not harsh. He is not disappointed in you. He is the Good Shepherd that watches over you, leads you to rest, restores your soul and prepares a table for you in the presence of your enemies. He wants to help you change the way you think so you can have peace and walk in the fulness of your destiny. How does that sound?

I want to encourage you to really consecrate these 40 days to the Lord. Set aside time and space a little differently than usual. You may want to wake up earlier to create this window, prepare to fast as He leads you, or choose a unique location where you will spend this time with Him. As you sit with the Lord each day consider these tips:

Don't rush through the exercise. Give yourself plenty of time to spend with Him.

Start with some worship. Love on and adore Him. Bless Him and enjoy being in His presence before you even start.

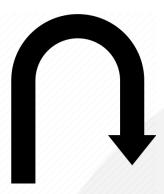
Acknowledge that He is with you. He is not far away but is so close. Lean into His nearness and ask Him to lead your devotional time.

As you ask questions, allow God to speak. It can be tempting to just think through your answers, but practice listening. Usually God speaks through a gentle whisper or you might just have a slight impression. Some people see a picture in their mind's eye. God speaks in many different ways and every way is special. The God of the universe wants to talk to you. You are His sheep and His sheep know His voice. Get ready to listen!

Get a back-up notebook in case the spaces aren't enough room for what God speaks to you.

I am praying that you have a powerful 40 day adventure with God. I can't wait to hear the testimony of how he met you!

Aarah Williams



'For I know the plans and thoughts that I have for you,' says the LORD, 'plans for peace and well-being and not for disaster, to give you a future and a hope. Jeremiah 29:11

# ask.

Do I believe that you have good plans for me! Does my
imagination have any negative expectations?

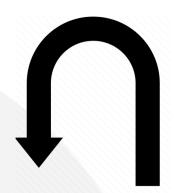
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How I am changing the way I think:

# pray.

God, I repent for partnering with negative thoughts that do not agree with your word. I command these things to break off of my imagination, in Jesus name. You are a good Father and you lead me to abundant life. I choose to believe that you will lead me in your faithfulness and goodness.

May they also be in us so that the world may believe that you have sent me. I have given them the glory that you gave me, that they may be one as we are one— I in them and you in me—so that they may be brought to complete unity. John 17:21-23



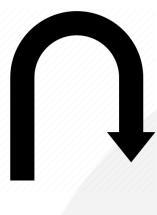
# ask.

-	ndering me in walking in unity with the Godhead ant to help me to deepen in oneness with you?
decide.	
low I am cha	nging the way I think:

# pray.

God, I pray that you would make me one with you. I invite you to bring every area of my heart and mind into alignment with yours. Reveal to me any area that needs change and make me like you. I want the world to see you when they see me.

# day 2 - unity



"God is opposed to the proud and haughty, but [continually] gives [the gift of] grace to the humble [who turn away from self-righteousness]." James 4:6

# ask.

Does pride have a voice in my life? God, in what area do I need to be more humble?

# decide.

How I am changing the way I think:

# pray.

God, I repent for partnering with any pride in my life. I thank you that your grace is working in my life to cause me to choose humility and purity of heart. I ask that you would make me tender and sensitive to Holy Spirit and convict me when pride rises up. Teach me how to truly be humble in a way that pleases you.

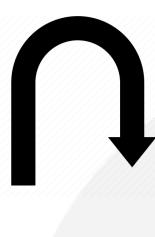
And walk continually in love [that is, value one another—practice empathy and compassion, unselfishly seeking the best for others], just as Christ also loved you and gave Himself up for us, an offering and sacrifice to God [slain for you, so that it became] a sweet fragrance. Ephesians 5:2



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How are you	inviting me to be a fragrant offering to you?	
decide.		
How I am cho	anging the way I think:	
prav.		

God, my desire is to be more like Jesus. I want my life to bless you, to be the aroma of a sweet offering that rises to you. Teach me what you long for and how I can live in a way that gives you the desires of your heart. I want to know you more. Take me deeper.



He was a murderer from the beginning, and does not stand in the truth because there is no truth in him. When he lies, he speaks what is natural to him, for he is a liar and the father of lies and half-truths. John 8:44

But when He, the Spirit of Truth, comes, He will guide you into all the truth [full and complete truth]. John 16:13

Is there any lie from the devil that I am believing that hinders me from hearing

## ask.

what	Holy Spirit is s	saying? What	truth do you	want to give	me instead?	

# decide.

How I am changing the way I think:

# pray.

God, I pray that you would increase my ability to identify when I am wrestling against a lie. Teach me how to break my agreement with things that are contrary to your truth. I do not partner with the enemy and his lies! I walk by the truth of the Holy Spirit. He is my teacher and help. God, renew my mind so that I think according to the mind of Christ.

# day 5 - truth

So from now on we regard no one from a human point of view [according to worldly standards and values]. 2 Corinthians 5:16

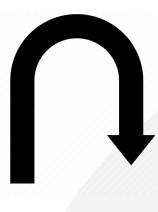


# ask.

	e do you want to give me your perspective on? see them? How can I pray for them?
decide.	
How I am cho	anging the way I think:

# pray.

God, I pray that you would allow me to see people through the lens of the spirit. I want you to teach me to see what you see and to believe for all that you have for every precious son and daughter. Give me discernment to know how to pray for them. Show me their lives as you see them, their salvation, their freedom, their destiny, so I can prophesy according to your heart.



Do you not know and understand that you [the church] are the temple of God, and that the Spirit of God dwells [permanently] in you [collectively and individually]?

1 Corinthians 3:16

# ask.

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ow I am changing the way I think:	

# pray.

God, I love being your temple. Thank you that you live and dwell inside of me. Help me to continually remember that you are within and near me. Help me to be aware that I am a host of the presence of God and that I get to have constant fellowship with you.

# - presence

Come and hear, all who fear God [and worship Him with aweinspired reverence and obedience], And I will tell what He has done for me. Psalm 66:16

# ask.

How can I articulate your goodness and faithfulness in my life?
What aspect of my testimony would you like me to begin to share?
Who needs to be encouraged by what you have done for me?

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decide.	
How I am cha	nging the way I think:

# pray.

God, I am so thankful for all that you have done for me. You have blessed me immensely and I want to honor you by magnifying your name. Show me how you want me to testify to what you have done so that others can have faith that you will meet them too. Help me to point them to Jesus and the power of what He did that brings victory and blessing for all of your children.



"Thus has the LORD of hosts said, 'Dispense true justice and practice kindness and compassion, to each other. Zechariah 7:9

## ask.

Would you allow me to see through your lens of compassion? Who do you want me to show kindness to? How can I join you in bringing justice?

# decide.

How I am changing the way I think:

# pray.

God, I pray that you would break up any cold and stony places in my heart that don't connect to your heart of compassion. I ask that you would teach me how to flow from your heart in helping others. Teach me how to partner with Holy Spirit to bring justice for those who are oppressed and to operate in your love, that I might be a conduit for your power and presence.

Now to Him who is able to [carry out His purpose and] do superabundantly more than all that we dare ask or think [infinitely beyond our greatest prayers, hopes, or dreams], according to His power that is at work within us, to Him be the glory in the church and in Christ Jesus throughout all generations forever and ever. Amen. Ephesians 3:20–21



## ask.

_	e with your power at work within me? How are you hink bigger? Have I agreed with any form of limitation?
decide. How I am cha	nging the way I think:

# pray.

God, I want to live in the kingdom realm, where nothing is impossible with you. I want to join you in what you are doing and have faith for the things that you say you want to do. I repent for any doubt or limitation that I have agreed with. Open my eyes and increase my capacity to believe for the greater things. May you be glorified in my life, my family and my community.



# unhindered

# ponder.

Therefore, since we are surrounded by so great a cloud of witnesses [who by faith have testified to the truth of God's absolute faithfulness], stripping off every unnecessary weight and the sin which so easily and cleverly entangles us, let us run with endurance and active persistence the race that is set before us. Hebrews 12:1

ask.	
Is there any weight that I shouldn't be carrying? to go so I can run freely and stay in the race?	What needs
decide.	
How I am changing the way I think:	

# pray.

God, I thank you that you are absolutely faithful. It is by your wisdom and strength that I am able to run this race well. I repent for the things that I have been holding onto that aren't serving me well for the journey. I choose to release them to you. As I let go, I pray for your healing, your strength and your replenishing presence to keep me and sustain me. I declare that I will run this race well because you are faithful to the end.

"Teacher, which is the greatest commandment in the Law? "And Jesus replied to him, "'You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.' Matthew 22:36-37



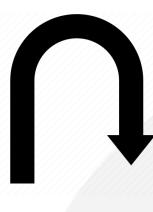
## ask.

Do you have all	of my heart	and all of my	mind? Is there	anything else
elevated above	you in my li	fe? Has anythii	ng taken the p	lace of first love?

decide.	
How I am cha	nging the way I think:

# pray.

God, I want to return to you with ALL of my heart. I repent for not always protecting my love for you. I repent for any idols in my life that are above you. I long to do the things I did when I first fell in love with you. Take me back to the beginning. Show me how to rearrange my life to live continually passionate for you. I reconsecrate to you all of my heart, all of my mind and all of my soul.



"You will keep in perfect and constant peace the one whose mind is steadfast [that is, committed and focused on You—in both inclination and character], Because he trusts and takes refuge in You [with hope and confident expectation]. Isaiah 26:3

### ask.

Does anything have my focus that is deterring me from peace that I can find when I turn my attention toward you? What is competing for my gaze? What are you giving me to help anchor my thoughts in you?

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How I am changing the way I think:

# pray.

God, I take hold of your promise for constant peace. I repent for focusing on things that are contrary to trust in you. I declare that you will be magnified over my mind. You are my strength, my help, my provision, my shelter. I confidently expect that you will show yourself faithful in the circumstances of my life.

I am not ashamed of the gospel, for it is the power of God for salvation [from His wrath and punishment] to everyone who believes [in Christ as Savior]. Romans 1:16

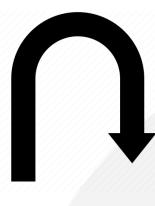
# ask.

Have I been ashamed of you in any setting? What influences me to be reserved in sharing the fullness of your goodness? How do you want to help me with this?

decide.	
How I am cha	nging the way I think:

# pray.

God, I thank you that I have received the power of your salvation. Would you give me a desire to share this with others? I repent for times that I struggle with reservation because of fear. Deliver me from the fear of man. I renew my commitment to be led by Holy Spirit and to share the good news as you show me your assignments to speak.



Finally, believers, whatever is true, whatever is honorable and worthy of respect, whatever is right and confirmed by God's word, whatever is pure and wholesome, whatever is lovely and brings peace, whatever is admirable and of good repute; if there is any excellence, if there is anything worthy of praise, think continually on these things [center your mind on them, and implant them in your heart]. Philippians 4:8

# ask.

Have I partnered with negative thinking? Are the	re any
thoughts that I need to intentionally break off of	my mind?
decide.	
How I am changing the way I think:	

# pray.

God, I repent for entertaining negative thinking. Thank you for illuminating what needs to be removed from my thought processes. In the name of Jesus, I break up with those thoughts and I send them to Jesus. Holy Spirit, I ask you to fill my mind with heavenly thoughts that reflect the mind of Christ. Show me how you want me to focus today.

Let all bitterness and wrath and anger and clamor [perpetual animosity, resentment, strife, fault-finding] and slander be put away from you, along with every kind of malice [all spitefulness, verbal abuse, malevolence]. Be kind and helpful to one another, tender-hearted [compassionate, understanding], forgiving one another [readily and freely], just as God in Christ also forgave you. Ephesians 4:31-32

# ask.

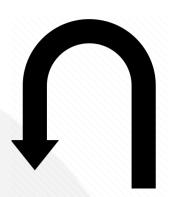
Is there anyone I need to forgive? What specifically do I need to forgive them for? (Choose to forgive them for each offense, as He prompts you.) Is there anyone else I need to forgive?

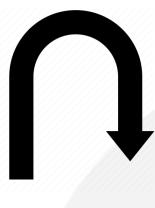
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How I am changing the way I think:

# pray.

God, I repent for any offense or unforgiveness I have held in my heart. Thank you for showing me what I need to release. I pray that you would teach me to quickly let go when I am hurt, mistreated or offended. I want to learn how to live unoffended and free from bitterness. Help me to choose to forgive everyone from my past, in my current test, and in all future situations.





# 17 - judgmen

# ponder.

Do not judge [others self-righteously], and you will not be judged. Matthew 6:37

# ask.

Do I need to repent for judging anyone through a critical or self-righteous lens? How would you have me bless and pray for them today?

# decide.

How I am changing the way I think:

# pray.

God, I repent for being the judge through my thoughts and words. I give up my right to be the judge and hand it to you. You are a good and righteous judge. You are God and I am not. Help me to understand the difference between discerning a situation and having a judgmental and critical spirit. I will not partner with the accuser, but instead will bless others and be kind to them, despite their attitudes and actions.

Love endures with patience and serenity, love is kind and thoughtful, and is not jealous or envious; love does not brag and is not proud or arrogant. It is not rude; it is not self-seeking, it is not provoked [nor overly sensitive and easily angered]; it does not take into account a wrong endured. It does not rejoice at injustice, but rejoices with the truth [when right and truth prevail]. Love bears all things [regardless of what comes], believes all things [looking for the best in each one], hopes all things [remaining steadfast during difficult times], endures all things [without weakening]. 1 Corinthians 13:4-8

# ask.

Where is my love being tested? How do I need to adjust my lenses on the situation in order to be a conduit of your love? What choices do I need to make in order to pass the love test I am in?

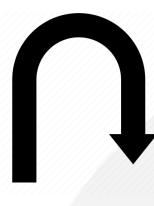
# decide.

How I am changing the way I think:

# pray.

God, I repent for not partnering with your love in my imagination, words or actions. I renew my commitment to love well because of the love you have demonstrated to me. I trust you to help me and commit to seeking your wisdom so I can walk in the way of love. I choose love and will win every love test because you live inside of me and are my source of love!

# 18 - love



I will give thanks and praise to You, for I am fearfully and wonderfully made. Psalm 139:14

# ask.

Is there a lie I am believing about myself? Where did I learn to believe that lie? Who do I need to forgive for teaching me to believe this? What truth are you telling me in exchange?

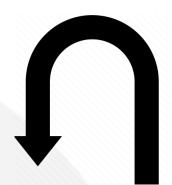
decide.			

How I am changing the way I think:

# pray.

I repent for believing lies about myself. I choose to forgive anyone who has been involved in influencing the formation of those lies. I choose to forgive myself for any shortcoming, or anything I have regretted because I didn't know better. I let go of my past and I tell the past to let go of me. I choose to love myself because you love me! I choose to believe I am fearfully and wonderfully made and that you love who you have made me to be.

And those who know Your name [who have experienced Your precious mercy] will put their confident trust in You, for You, O LORD, have not abandoned those who seek You. Psalm 9:10



## ask.

In what area are you inviting me to confidently trust you? Have I been self-reliant? As I hand fear and self-reliance to you, what are you giving me in exchange?

decide.	
How I am cha	nging the way I think:
nrav.	

# pray.

God, I repent for leaning on my own understanding and strength. I choose to trust you with all of my heart, with the expectation that you will meet me with your wisdom and powerful right arm. You are faithful and good. You will never leave or forsake me and I will see your goodness in the land of the living.



Am I now trying to win the favor and approval of men, or of God? Or am I seeking to please someone? If I were still trying to be popular with men, I would not be a bond-servant of Christ. Galatians 1:10

# ask.

Have I partnered with the fear of man? How is this trapping me and hindering what you want to do in my life? How do you want to align to confidently walk by the spirit, in the fear of the Lord?

# decide.

How I am changing the way I think:

# pray.

God, I repent for times that I bow to the fear of man. I hand this fear to you and receive the increase of your Spirit upon my life to be led according to the will of the Father. I thank you that I am secure and confident in you and that you cover me. Thank you for your affirmation and loving leadership. Teach me to continually walk by the Spirit.

The Lord is near to the heartbroken. Psalm 34:18

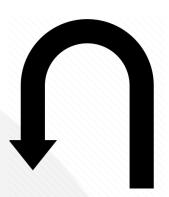
# ask.

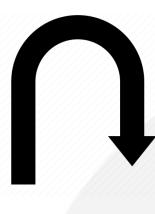
God would you show me broken places you want to heal in my heart? Is there any disappointment you would like me to hand over to you? What specific disappointments are you inviting me to release to you?

decide.	
How I am cha	nging the way I think:

# pray.

God, I choose to believe that you will heal my heart. I release all my disappointments to you. I let go of the things I don't understand. I release any offense I have held in my heart against you because of how things happened. I choose to believe that You are good and that You will work all things out for my good. I renew my trust in You.





"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28–20 NIV

# ask.

Am I carrying a burden incorrectly? Ha	ve I taken on false	
responsibility in any area of my life?		
decide.		
How I am changing the way I think:		

# pray.

God, I hand you my weariness. I renew my expectation that you can and will increase my strength as I wait upon you. I repent for times of not resting and trusting properly. I commit to following your leadership into healthy rhythms of rest and to waiting upon you again. I release to you false responsibility and heavy burdens that aren't mine to carry. Thank you for restoring me.

Therefore there is now no condemnation [no guilty verdict, no punishment] for those who are in Christ Jesus [who believe in Him as personal Lord and Savior]. Romans 8:1

## ask.

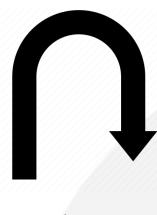
Are there any areas of my life that I have already repented of, but still am struggling with condemnation? Am I partnering what the accuser is suggesting I think about myself? What do I need to forgive myself for?

decide.		

How I am changing the way I think:

# pray.

I repent for listening to the counsel of condemnation. God, I come into your presence and bring this area of my mind to be sprinkled with your blood. I am clean because of what Jesus did for me. I reject the voice of condemnation and I command its effects to leave my mind now, in Jesus' name. I declare that I am the righteousness of God in Christ Jesus and there is no condemnation because I am in Him.



Where can I go from Your Spirit? Or where can I flee from Your presence? If I ascend into heaven, You are there; If I make my bed in]hell, behold, You are there. If I take the wings of the morning, and dwell in the uttermost parts of the sea, even there Your hand shall lead me, and Your right hand shall hold me. Psalm 139:7-10 NKJV

## ask.

God, I acknowledge that you are with me wherever I go. Is there	any
aspect of my life I have avoided bringing you into? Is there anyth	ing
I have not opened up to you about that you want to discuss?	

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How I am changing the way I think:

# pray.

God, I know you are with me every moment. You know my innermost thoughts. You know my weakness. I repent for things that I avoid inviting you into. I want to give you access to every room of my heart. I want to hear what you have to say. I know your kindness will help me navigate even the hardest aspects of my life.

If any of you lacks wisdom [to guide him through a decision or circumstance], he is to ask of [our benevolent] God, who gives to everyone generously and without rebuke or blame, and it will be given to him. James 1:5



# ask.

	of my life do I need your wisdom? What do you
want to show	me about this situation?
decide.	
How I am cha	nging the way I think:

# pray.

God, I thank you for your wisdom to navigate life. I ask that you would remind me to come to you for the issues of my life and not to rely on my own human point of view. Your wisdom brings freedom, blessing and breakthrough. Make me hungry for your wisdom and teach me to walk according to it.

# ommunicati

# ponder.

Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. Colossians 4:6 ESV

# ask.

In what area of my life do you want me to use my voice? Have I
been holding back the flow of communication that you want
released? How do you want me to partner with Holy Spirit in this?

decide.	

How I am changing the way I think:

# pray.

God, I repent for times that I keep silent when you would have me speak. I want to be your voice in the earth. Teach me to partner with you so that your light, your truth, and your love can fill every situation I am in. I choose to believe that my tongue has the power of life in it when I follow your leadership in my speech. I consecrate my voice to be used for your glory.

Therefore, if anyone cleanses himself from what is dishonorable, he will be a vessel for honorable use, set apart as holy, useful to the master of the house, ready for every good work. 2 Timothy 2:21 ESV

# ask.

•	spect of my life that you want to purify? How do
you want to he	elp me to prepare to be a vessel of honor?
decide.	
How I am chan	ging the way I think:

# pray.

God, prepare me to be your vessel. I want to be consecrated for you. I live to bring you glory! I invite you to bring your purifying fire upon my life to refine me. I trust you to sanctify me and make me look like Jesus. I will follow you through this process. My desire is to honor you in all I do.



I can do all things [which He has called me to do] through Him who strengthens and empowers me [to fulfill His purpose —I am self-sufficient in Christ's sufficiency; I am ready for anything and equal to anything through Him who infuses me with inner strength and confident peace.] Philippians 4:13

# ask.

Is there a situation that I have felt was too difficult to navigate? How do you want to help me in this situation? How do you want me to look at it differently?

# decide.

How I am changing the way I think:

# pray.

God, I choose to learn to be content in the midst of challenging situations. I will stand firm and face the hard things because you are enabling me to overcome. I will rely on your power, strength and wisdom. I will enjoy your peace in every circumstance because I know that you are bringing me to victory.

The steps of a [good and righteous] man are directed and established by the LORD, And He delights in his way [and blesses his path]. Psalm 37:23

# ask.

Are my current of	commitments al	l part of your	best for me and
the next season	of my life? Is t	here anything	that needs to be
rearranged?			

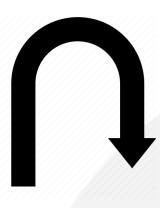
# decide.

How I am changing th	he way I think:
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# pray.

God, I thank you for the promise that you will direct my paths. I desire to discover and walk in your will for my life. I trust you to lead me to the very best that you have for me and will follow as you direct me.

# ommit



Otherwise, you may say in your heart, 'My power and the strength of my hand made me this wealth.' But you shall remember [with profound respect] the Lord your God, for it is He who is giving you power to make wealth. Deut. 8:17-18

Honor the Lord with your wealth and with the first fruits of all your crops (income); Then your barns will be abundantly filled And your vats will overflow with new wine. Proverbs 3:9-10

## ask.

Do I have a correct lens on my personal finances? Do I see you as my ultimate source of provision? Are my resources properly allocated?

# decide.

How I am changing the way I think:

# pray.

God, I thank you that you have given me the ability to make wealth. I acknowledge you as my provider. I invite you to show me how you want me to steward these resources and honor you with my firstfruits.

Go therefore and make disciples of all the nations [help the people to learn of Me, believe in Me, and obey My words], baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything that I have commanded you; and lo, I am with you always [remaining with you perpetually—regardless of circumstance, and on every occasion], even to the end of the age." Matthew 28:18–20

# 2 - commission

# ask.

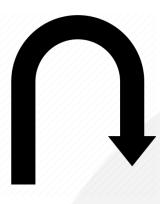
What is my response to the Great Commission? Is there any aspect of it that I don't connect to? How are you inviting me to change my perspective?

# decide.

How I am changing the way I think:

# pray.

God, I thank you that you have taught me about your salvation and power and that you have changed my life. I ask that you would help me to desire to bring others into this discovery. I repent for times that I don't think about those that are dying without knowing you. Show me how I can partner with Jesus to get His full reward. Help me to win souls and to teach them how to follow after you.



# sesimoses

# ponder.

For as many as are the promises of God, in Christ they are [all answered] "Yes." So through Him we say our "Amen" to the glory of God. 2 Corinthians 1:20

# ask.

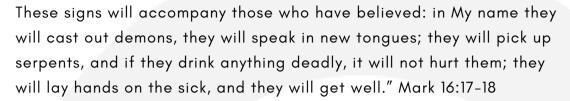
Have I settled for less than what you want to do in an area of my life? What promise do you want me to stand on? What are you inviting me to believe for and to expect?

# decide.

How I am changing the way I think:

# pray.

God, I repent for small thinking. I choose to believe that you are faithful to your promises and I will believe for the manifestation of them in my life. I will pray and decree your word back to you and stand with you in what you have said. Let it be according to your word.



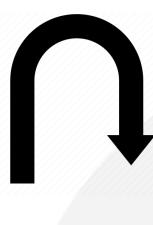
# ask.

Do I	bel	ieve	lam	invited	into	eve	∍ryt	thing	Jesi	JS	said	а	bel	iev	er
will	do?	Are	you	challenç	ging	me	to	ехра	nd n	ny	expe	ct	ati	o n	o f
how	top	oartr	ner w	ith you?											

decide.	
	nging the way I think:

# pray.

God, I believe that you have invited me to walk as Jesus walked. I repent for any times I have limited myself to operating in the natural realm without expecting that you could do the impossible. I thank you for the anointing of the Holy Spirit which releases your miracle working power. Help me to learn how to partner with your anointing.



Unless the Lord builds the house, they labor in vain who build it...It is vain for you to rise early, to retire late, to eat the bread of anxious labors—For He gives [blessings] to His beloved even in his sleep. Psalm 127:1-2

## ask.

Am I partnering in striving in any area of my life? Are you the builder of my house? Am I allowing you to give me the rest I need?

decide.	
How I am changing the way I think:	

# pray.

God, I desire that you be the builder of my life. If I am putting my hands to anything that is not your assignment, I ask that you would make it clear to me. I repent for partnering with anxiety, striving and performance in any area of my life. I thank you that you have called me to joyfully steward while staying in health and rest.

# day 35 - rest

May the God of hope fill you with all joy and peace in believing [through the experience of your faith] that by the power of the Holy Spirit you will abound in hope and overflow with confidence in His promises. Romans 15:13

# ask.

Am I positioned for the joy and peace the Holy Spirit gives? Are peace and joy connecting me to the hope of your goodness in my life? Is anything blocking these? What do you want to show me?

# decide.

How I am changing the way I think:

# pray.

God I thank you for the supply of your peace and joy. I ask that you would show me any ungodly beliefs or agreements that are attempting to steal the flow of peace and joy in the Holy Spirit. I want to be postured to receive the infilling of everything good that you have for me and to have joyful expectation that you will do what you have said you will do.



"I do believe; help me overcome my unbelief!" Mark 9:24

# ask.

Have I agreed with doubt or unbelief in any area of my life? How do you want to renew my trust in you and strengthen my faith today?

decide.	
How I am changing the way I think:	

# pray.

God, I repent for partnering with unbelief. Thank you for renewing my mind today and helping me to reengage my faith where doubt crept in. I declare that I do not partner with unbelief, but I stand with what God says. Help me to continually renew my mind, to hear your voice and to trust and believe in what you say is true.

Be completely humble and gentle; be patient, bearing with one another in love. Ephesians 4:2 NIV



# ask.

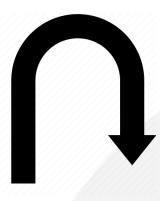
God, who needs my grace and patience? Have	ve I been
impatient or irritated with them? How do you	want to help me
be more like Jesus toward them?	

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How I am changing the way I think:

# pray.

I pray that you would teach me to be humble and selfless in my relationships. Holy Spirit, help me walk in the fruits of patience, gentleness and self-control. Let me look like Jesus when I interact with others, especially those that are difficult to love.



'Call to Me and I will answer you, and tell you [and even show you] great and mighty things, [things which have been confined and hidden], which you do not know and understand and cannot distinguish.' Jeremiah 33:3

# ask.

What do you want to reveal to me? How	w can I aligr	n my heart
with yours?		
decide.		
How I am changing the way I think:		
Γ		

# pray.

God, you share your secrets with your friends. I want to know the mysteries of your kingdom. I long to encounter the depths of your heart. Spirit to spirit, I want to know you. Teach me your ways and thoughts.

How precious also are Your thoughts for me, God! How vast is the sum of them!

Were I to count them, they would outnumber the sand. Psalm 139:17–18

# ask.

What do you t	think of me? What do you want me to know about
how you crea	ted me?
,	
decide.	
	and an the constable
How I am cha	nging the way I think:
	_

# pray.

God, I am so grateful for the revelation of your attention toward me. You always see me. You are always thinking of me. Your loving affirmation encourages me. Help me to stay connected to your love which fuels me with confidence that I am secure in you and that you are certain of the plans you have for my life.